

Substance Abuse Problem-Solving Work Group Minutes

Thursday, 15 December 2011 9:00 – 10:30 a.m. Family Service Center, Room 7

In attendance: Sadee Bouschee (Clay County Probation), Mark Haugen (Hawley High School), Miracle Hoff (MSUM), Jan Jones (Clay County Social Services), Sheila Kaupan (ShareHouse-Wellness Center), Kyle Mack (Prairie St. John's), Scott Matheson (Moorhead High School), Kari Metcalf (Clay County Social Services), Gina Nolte (Clay County Public Health), Mara Solberg (Community representative), Dawn Tommerdahl (Clay County Collaborative)

Gina welcomed the group and we did a round of introductions. Minutes from the 11/17/11 (Sheila/Jan) meeting were unanimously approved. No changes were made to today's agenda.

FY12 work plan

- Brainstorming on future speakers, other work for FY12 & FY13: strategic planning, MSS data, getting the word out about what's going on in the community (see Fargo *Forum* letter to the editor on the drug paraphernalia ordinance from 12/11/11).
 - Come up with a list of activities that we would want the grant to fund, for example MSS data (have someone run the data on all schools, develop an online class, kick off in the fall for teachers, get colleges) We watched a DVD Scott made of students in the Crossroads Recovery Track telling their stories – it was shown at an in-service to teachers in the Moorhead District.
 - Webinar (Mark, Scott, others). Tap into MSUM film studies class, marketing group. Also use in diversion group where parents have to attend. Goal: next fall, do a resenation at each school as a way to introduce webinar for credit hours and/or graduate credit. Include a time to brainstorm with local audience, what will you do differently as a result of this activity? Include an evaluation component: pre/post test or some other measure
 - Sadee noted that they have seen a change in the kinds of cases they are seeing in Probation since so many juvenile offenses have become payables – youth don't have to come to court if they pay. Probation is not involved until a later stage now so they're not able to assess for other risk factors. First-time, diversion; second time – pay a fine, third time – go to court.
 - Can we partner with High Risk High? They've been collecting stories on Facebook. Website: <http://www.highriskhigh.org/hrh/>
Facebook: log in to Facebook to access
 - Ala-Teen is starting up again. Mara will keep us informed.
- Other
 - The group changed wording on their FY12 work plan goals for FY13 but decided not to move money around. A motion to adopt the FY13 work plan and budget was unanimously approved. (Mark/Jan)

Other

Kari: YIPA is coming to Moorhead in January to plan for a spring conference. Send any ideas to Kari. Dawn will also forward the email about meeting time/place – anyone is invited to attend.
Gina: Clay County Board is looking at a drug paraphernalia ordinance next week.

Mara: Her son reports that latest thing is to give someone a can of unknown substance when they enter the room. They're supposed to then go to the place where they want to pass out and drink the second can – everyone stands and watches as the person passes out.

Sadee, Mark, Dawn shared “take away” moments from yesterday’s Prairie St. John’s conference on non-suicidal self-injury. Speaker, Barent Walsh, was excellent.

- See <http://www.mentalhealthscreening.org/programs/youth-prevention-programs/sosi/> for information on the Signs of Self-Injury Program offered by Screening for Mental Health.
- Some basic features of the school protocol to manage self-injury and prevent contagion: <http://www.crpsib.com/documents/SchoolProtocolToManageSI.pdf>
- A short interview with Dr. Walsh – from 2010:
<http://www.brattlebororetreat.org/news/read-interview-with-barent-walsh-self-harming-behaviors>

For next time: Planning the next steps; Scott will put together the agenda.

Next meeting: January 26, 9 a.m., meeting room 7, Family Service Center, Moorhead

Respectfully submitted,
Dawn Tommerdahl
Clay County Collaborative