

Clay County Local Advisory Council for Children's Mental Health

MINUTES for meeting: 12/21/11

Time: 8:30 a.m. & Location: Prairie St. John's, Fargo, ND

Attendance: Carol Beckstrom, Melissa Walter, Alison Wolbeck, Wayne Ingersoll, Bryan Hanson, Janine Meyer, Beth W. Zimmerman

Absent: Shawna Croaker, Miriam Dakutak, Angela Doll, Rachel Hagstram, Deborah Jendro, Kristin Phillips, Rhonda Porter, Carol Sheridan, Carolyn Strnad, Dawn Tommerdahl

I. Welcome, Introductions

- Melissa Walter, with Prairie St. John's, is new to the group and will now attend the LAC meetings instead of Kyle. Prairie St. John's has done some restructuring and Melissa will be the new contact for Children & Adolescents. She now works with both ND & MN agencies who focus on children/adolescents & schools.

II. Presentation: Incredible Years-Solutions

- **ACTION:** Carol will contact Solutions to present at next meeting in January.

III. Approval of November minutes: Corrections needed

- Motion by Carol Beckstrom to approve the corrections listed below for the November's minutes. Bryan Hanson Seconded-motion passed
- Attendance should include: Kyle Mack-Prairie St. John's, Heather Krause-LMHC, and Amanda Logan-LMHC.

IV. Treasurer's Report

- Balance: \$2,275.53
- Discussion:
 - Coordination has been attempted via email with Carolyn Strnad in regards to removing her name as the Treasurer and change it to Beth W. Zimmerman & Alison Wolbeck. Some communication took place, but no further direction from Carolyn on when to meet at the bank to make changes. Carol Beckstrom informed the group that the Clay County Children's LAC has set up their own account, so transferring names and information to the account will be a different process from how the Clay County Adult LAC's group does it. Carol Beckstrom stated that it has been arranged that any expenditures will require a motion from the group.
- Motion made by Wayne to remove Carolyn Strnad and Lanette Krinsky from the checking account and add Beth W. Zimmerman and Alison Wolbeck. Janine Seconded, whole group agreed, motion passed.
- **ACTION:** after group discussion referring to motions needing to be made when positions change, it was decided that Alison will create an "addendum" to the Bylaws.

V. Agency Reports

- *Clay County Social Services*
 - Case loads remain steady and very busy, 1.5 FTE for CMH Case management (Rule 79) positions.
 - Case load per FTE; state caps at 15 kids, but can go up to 16-17; other agencies are at 17-18 kids on a case load.
 - Important need to go over 15 children per caseload due to fiscal/budget reasons to meet financial needs.
 - NO waiting list at this time
 - In the process of hiring another Child Protection Supervisor to improve closer management of program.
 - Department has been stressed covering others' caseloads with 2-3 staff members leaving, along with some medical leaves, and maternity leaves.
- *Lakeland Mental Health Center*

- Seven FTE case management positions, Solutions has 2, and Access has 2, each case manager has a caseload around 17-18.
- Currently no waiting list
- Gaps/needs: Getting information from other agencies when processing case management applications. North Dakota case management services have different requirements than Minnesota.
- Cookie “cook off” went very well, raised money for activities. All case managers will take their clients to the Casselton Water Park during winter break.
- Carol gave kudos to all CM programs for collaborating activities so well.
- *Mobile Mental Health Crisis Response*
 - 0 children dispatches, 6 adult dispatches (4 Clay, 2 OT) all remained in the home.
 - Boosting large advertising “blitz” and targeting children/adolescents for 2012; hoping to reach out more to the general public as well.
 - Crisis staff will get new equipment to improve paperwork efficiency along with possibilities of using the webcams in the future with professionals (this is being researched).
 - Beth & Jackie attended state-wide crisis meeting; other programs seeing a decrease in children’s dispatches as well.
 - Staff: 6 mental health professionals, 21 mental health practitioners, 1 rehab worker
 - Children’s Crisis 2012 Crisis Application sent in and waiting from approval letter.
- *Prairie St. John’s*
 - Non-Homicidal Self Harming Workshop last week was the highest attended; over 400 registered and over 350 attended. Now planning spring workshop.
 - Building going through a “face-lifting” process.
 - Dr. Khushlani, children’s psychiatrist will be leaving (*moving back to her home town*).
 - Melissa will take care of system issues and will help with communication to solve any issues.
 - New visitation policies: Important to read the whole update, you will then notice there is some flexibility. Visitation no longer takes place in the unit; non-therapeutic for those children who do not have visitors.

VI. Unfinished Business

- Group agreed to keep Lanette Krinsky’s name on the member’s list in order for Carol Beckstrom to make one last contact with Lanette’s new phone number.
- **ACTION:** Carol will report back to the group in January regarding her attempt with Lanette.

VII. New Business

- Review Work Plan-Next Steps
- Discussion of who did the last survey. Carol & Janine will look for the survey and will scan and email it to Alison if found. Next meeting, group will look over the survey and see if any changes need to be made.

VIII. Announcements

- Topics for January meeting:
 - “Who to Call” brochure review and make changes
 - **ACTION:** Alison will scan it and email out to the group to review & make any changes necessary.
 - Incredible Years, Solutions
 - **ACTION:** Carol will make contact with Solutions to invite them to present in January.
- Next meeting January 11th, 2012 at 8:30 a.m.