

Local Advisory Council
January 9, 2008
Minutes

Members Present: Lanette Krinsky, parent representative and chairperson; Kristin Phillips, Head Start; Bryan Hanson, Lakeland Mental Health; Monica Engelstad, Access; Betsy Johnson, Solutions; Carolyn Strnad, parent representative; Shawna Croaker, Dakota Medical Foundation; Colleen Larson, consumer representative; Karla Frisk, Church's United for Homeless; Kerry Larson, parent representative; Carol Sheridan, PATH; Dawn Tommerdahl, Clay County Collaborative; Carol Beckstrom, Clay County Social Services

Call to Order:

Lanette welcomed everyone, introductions and meeting called to order

Program/Agency Updates: Once again a series of ITV workshops on attachment will be available in Clay County, Dawn has information on that. February 26th is the kickoff for the David Walsh book club. Information can be found on that in the Community Education book.

Approval of Minutes/Agenda:

Minutes from December 12th meeting approved (Shawna/Karla)

No changes to the agenda

Old Business:

Lanette and Carolyn reviewed the Bruce Miles event.

Vision: To empower children and families by providing flexible strength-based services through wraparound, early identification, single point of entry and family support services in a dignified manner while decreasing mental health stigma.

Goals:

1. Develop a mobile crisis intervention response team accessible to our 4-county area. 0-21, within 9 months
2. Every child from birth to 5 years old will be enrolled into MN tracking. Follow Along Program and all risk factors identified will have follow through including parents with mental health needs.
3. Increase mental health services in school, including accessibility, consistency beginning in elementary school.

The collaborative's children's mental health work group will be keeping tabs on the groups formed to address these goals. The LAC will also do monthly updates on the work. The vision has a number of goals and priorities which will be addressed over time.

Shawna updated the group on the work of the Dakota Medical advisory group. A three part series will be held in May and then again in October. The training series will include: typical development and red flags, behavioral strategies, community resources and advocacy, and general disability information. Intended audience includes teachers, parents, foster parents and day care providers. Draft of services in Cass and Clay County

will be available next month. It will be available on First Link, 211 and collaborative website.

Financial Report:

Carol reported that the LAC will receive an additional \$500 in next year's budget for a total of \$1000. Rhonda will be invited to our next meeting to review budgeting process for 2009.

Discussing on opening a checking account for the funds. Motion approved(Karla/Kerry) to have Chairperson and Secretary as signatures on the account. Dawn shared that a tax id number will be needed to open the account. Carol will check on using the county's number. Funding guidelines will need to be established as well as a budget. Carolyn and Lanette will work on funding guidelines and bring back to next meeting.

Crisis Grant: Carol reported that the grant is in the process of being written. The proposal will include a crisis hot line and crisis response staff. Because of the limited funds under this grant, crisis services will be available evenings and weekends, not during school hours. There will be one team for Clay County, one for Ottertail County, with those two teams covering Wilkin County. A mental health practioner will answer the phone calls under the supervision of a mental health professional. If needed the practioner will go out to the home to assist with deescalating the situation.

Group would like Rhonda to attend the next LAC meeting to go over the budget and the process for going back to the board with input. Carol and Lanette will follow up on inviting her.

New Business:

Mental Health Fair: February 7th, 11:30 to 3:00 featuring Julia Dinsmore

May Mental Health Month Plans: Shawna is looking at putting together a Cass/Clay County Mental Health fair in May. It will be used as a kickoff for the training series. LAC would like to be a part of this event.

Discussion on LAC having its own website. Colleen will work with John from Heartland to design a website.

Mental Health Day on the Hill: Group decided to have a presence this year at the event. Carol will check on using a county vehicle.

Respite: Discussion on how the LAC could assist with recruiting foster homes for respite. Funds are available to pay for respite but no homes are available. A small group will meet with Sara Rossow to strategize ways to recruit. Group members include: Kerry, Carol Sheridan, Tara, and Carol.

Next month's agenda items: Mental Health Day on the Hill; Vision/goals update; funding policies; children's mental health fair; budget.