

Children's Mental Health Systems Work Group Minutes

Tuesday, 2 March 2010

1:00 – 2:15 p.m.

Family Services Center, Room 7

In attendance: Rakshya Ban (Prairie St. John's), Janelle Cheney (Clay County Probation), Shawna Croaker (CMH Coordinator for Cass-Clay), Deb Jendro (ND Federation of Families), Lanette Krinsky (Parent representative), Michelle Mullikin (Lakeland Mental Health Center), Kristin Phillips (Clay-Wilkin Head Start), Barb Schaub (Lakeland Mental Health Center), Jill Skarvold (Moorhead Area Public Schools), Ruth Smith (REACH), Carolyn Strnad (Parent representative), Dawn Tommerdahl (Collaborative Coordinator)

Lanette volunteered to chair today's meeting. She welcomed the group and we did a round of introductions. Minutes from the 2/02/10 meeting were unanimously approved. (Ruth/Kristin) Today's agenda was approved with one addition – add Child Wellness Day under FY10 work plan.

FY11 work plan

The group compared their funded programs for FY10 with the goals from the Children's mental health strategic plan.

- Flex: meets 1, 2, 3
- Respite: meets 1, 2, 4
- Follow Along Program: meets 4
- Churches case manager: meets 2, 3, 4, 5
- Rural children's mental health: meets 2, 4, 5
- Training: meets 3
- Request from Steve Grineski (MSUM): The group felt that funding this proposal for one year would not have the long-term impact on the lives of youth who face challenges with their mental health that this group would like to see. They felt that it was not focused specifically on youth with mental health.
- Request from Metro Youth Partnership for administrative time related to flex funds: The group decided to pay 5% of the total allocated to flex funds (\$25,000) to MYP to pay for Deb Shasky's time in processing the referrals.
- *A motion to consider funding the items that are already funded in the budget passed unanimously. (Jill/Barb)*
- *A motion to approve FY11 budget passed unanimously. (Jill/Carolyn)*

FY10 work plan/Programs - discussion

- Budget: \$1000 for Lessons from the Field series was paid last week.
- Child Wellness Day: Steve Summers from Solutions would like to do a child wellness day in May including dental, vision, MH, nutrition. They would like to have "Games to Go" – kids would earn tickets to access the games by going through wellness-related activities/booths. The group thought it was appropriate to use the \$250 allocated to miscellaneous for this event if funding support was requested. Work group members could also be called upon to staff booths and volunteer if asked.

Agency updates

- Rakshya: Watch for e-vite from Prairie for their annual spring conference (April 8).
- Shawna: CMH Fair and training will be May 20 at the Marriott in Moorhead. Speaker will be Jane Ellison from MAEICMH on what to be concerned about and how to support healthy social-emotional development.
- Shawna: Howard Glasser (The Nurtured Heart Approach) will be in our area April 29 – May 1. There will be a free workshop for parents on April 29, 6:30 – 8:30 p.m. Friday’s workshop for professionals costs \$89 and includes a copy of Glasser’s book *Transforming the Difficult Child*. Saturday’s workshop is CCR&R’s annual spring event and the audience will primarily be childcare providers.
- Dawn: Moorhead Community Education is offering a community book discussion on Glasser’s book on Tuesday, April 6. Metro Early Childhood Alliance is co-sponsoring the event.
- Dawn: “Helping Children Succeed” training was postponed until May 18. See the Collaborative’s website for registration forms and more information.
- Dawn: The third installment of “Lessons from the Field” ITV series will be held March 18 from 9 – 12:30. This month’s topic is “Promoting Child Well-being and Early Intervention within a Cultural Context” There’s still some room. Register online at www.cmh.umn.edu. There is no charge for this training, thanks to your support!

Other

Dawn passed out results from the stress survey that she asks families who receive the flex survey to take. Over the years, twenty people have completed the survey. She also passed out results from a shorter version of the survey that the School-Age Disabilities work group used at their workshop with Dr. Joan Blaska. She proposed that this group could develop a shortened version that we could hand out at the CMH training. At that time we could ask people to take the entire survey which will be on SurveyMonkey. The group supported this idea.

For next time, read through the long version of the survey and mark the questions you’d like to see on a two-page survey targeted at an audience that’s interested in children’s mental health.

Next meeting: Tuesday, April 6, 1 – 2:30 p.m., meeting room 7

Respectfully submitted,
Dawn Tommerdahl
Collaborative Coordinator