

Children's Mental Health Systems Work Group Minutes

Tuesday, 5 August 2008

1:00 – 2:15 p.m.

Family Services Center, Room 4

In attendance: Chad Brown (Access), Shawna Croaker (CMH Coordinator for Cass-Clay), Karla Flisk (Churches United for the Homeless), Deb Jendro (ND Federation of Families), Lanette Krinsky (Parent representative), Kristin Phillips (Head Start /Lakes and Prairies Community Action), Ron Odden (Access of the Red River Valley), Karissa Schmoll (The Village), Dawn Tommerdahl (Collaborative Coordinator), Shanna Grefsrud (Head Start)

Ron welcomed the group and we did a round of introductions. Minutes from the 6/03/08 meeting were unanimously approved. (Lanette/Kristin) No changes were made to today's agenda.

Updates

- **CMH coordinator:** Shawna passed out color copies of the newsletter and a draft of the training that's coming up in October. She also handed out postcards about the website – see her if you'd like large quantities. The CMH Summit will be on September 23 from 8:30 – 1. Main topics will be to set goals for the next year and talk about some grants.
- **Other**
 - Shanna passed out a flier about the MN Head Start parents conference. There will be a concurrent track on maternal depression.
 - Dr. Terri Rose will be here on September 4 on to hold a half-day training on CMH – from 9 – 12 at the Marriott. Kristin will send information to Dawn who will forward it to the work group.
 - The Federation will have a rummage sale on August 29. Deb will send the flier to Dawn.

FY09 work plan

- *Respite:* We'll look at the budget for respite next time – at this time Head Start children haven't returned to school yet, so there haven't been any respite bills from them.
- *Flex:* Dawn reported that the following amounts were spent on activities for children.
 - Distributed in FY08: \$30,110.70
 - Distributed so far in FY09: \$4215.00
- *Churches case worker:* Karla reported that the family rooms are full. About sixty percent of the families have been there before. It remains a challenge to get children hooked up with mental health services when the families come and go. Going on appointments with all children is a challenge during the summer. This dilemma speaks to the need of having childcare at the Shelter.
- There was no report on the *REACH project* this month.
- Miriam stopped before the meeting to say there was nothing to report on the *Follow Along Program*
- Because Ann wasn't here, we didn't discuss ways to raise awareness about mental-health related issues among future educators.
- **Other:** Dawn announced the following:
 - Attachment series this year on Autism

- Mental Health Association of Minnesota Legislative forum (9/16) at Lakeland. Dawn will be on vacation that week so work group members will have to host. Lanette and Shawna volunteered.
- Julia K. Dinsmore will return to Moorhead to work with youth the week of September 22.
- Child Trauma with Dr. Anne Gearity, Fergus Falls (evening of 10/2 for parents and 10/3 all day for professionals)
- FASD workshop, Courtyard by Marriott (10/29)

Other

The work group gave Dawn feedback on FY08 work group report. She will fill in the blanks for next time.

For next time: add discussion about childcare back to the agenda, budget.

Respectfully submitted,

Dawn Tommerdahl

Collaborative Coordinator