

## Systems work groups FY07 work plans

### Children's Mental Health Work Plan

#### Goals/Objectives

##### *Systems Change*

- Ease a family's way through the systems of care
  - Develop a grid or map of services available to families (at various ages)
  - Establish a gatekeeper team (or identify case manager who is in charge of all referrals) that could direct referrals and help families transition between agencies/services
- Collaborate with community agencies to provide opportunities for social interaction for children with ED/SED or at risk of ED/SED.

##### *Children's Mental Health Services/Prevention & Early Intervention*

- Increase access to opportunities for social interaction and normalization for children with ED/SED or at risk of ED/SED.
  - Establish a multi-agency Flex Funds Screening Team that will review, approve and monitor use of flex funds.
  - Establish guidelines that will focus on children ages 3 to 9.
- Increase child safety, prevent long-term out-of-home placement and decrease acute hospitalization rate.
  - Provide planned and crisis respite for children aged 10 and under.
  - Assess the effectiveness of respite for families
- Provide mental health case management to at-risk children at Churches United, thereby decreasing the rate of family evictions due to children's behavior and increasing the level of support available to parents.

##### *Training/education*

- Provide ongoing training/education on children's mental health issues to parents and professionals

#### Budget

| CATEGORY  | AMOUNT OF<br>LCTS FUNDS<br>REQUESTED | OTHER SOURCES<br>OF FUNDING                                 | IN-KIND<br>CONTRIBU-<br>TIONS | TOTAL<br>BUDGET  |
|---|--------------------------------------|---|-------------------------------|------------------|
| Churches United<br>case manager                                 | \$27,550                             | \$27,550 (matching<br>grant)<br>\$5000 (Churches<br>United) |                               |                  |
| Flex funds<br>(\$5000 earmarked<br>for children ages 3<br>to 9) | \$20,000                             |   |                               |                  |
| Respite funds   | \$20,000                             |   |                               |                  |
| Training/education  | \$8000                               |   |                               |                  |
| <b>Total</b>  | <b>\$75,550</b>                      | <b>\$32,550</b>   |                               | <b>\$108,100</b> |

## IIP Systems Work Group

### Goals/objectives

Increase the number of families using IIPs by providing training and training materials to parents and professionals.

### Budget: *Training for professionals (2 per year) & parents (annual)*

| CATEGORY                                     | AMOUNT OF<br>LCTS FUNDS<br>REQUESTED | OTHER<br>SOURCES OF<br>FUNDING | IN-KIND<br>CONTRIBU-<br>TIONS | TOTAL<br>BUDGET |
|--|--------------------------------------|--------------------------------|-------------------------------|-----------------|
| Reimbursements<br>for teachers who<br>attend | \$1500                               |                                |                               | \$1500          |
| Parent stipends                              | \$400                                |                                |                               | \$400           |
| Photocopying                                 | \$400                                |                                |                               | \$400           |
| Refreshments                                 | \$150                                |                                |                               | \$150           |
| Other  |                                      |                                | trainers' time<br>host site   |                 |
| <b>total</b>                                 | \$2450                               |                                |                               | \$2450          |

#### ✦ *Training for professionals* : (\$1900)

- Two per year
- *Reimbursement* for teachers attending IIP training
  - 30 (Moorhead) + 5 (Lake Agassiz) + 1 (DGF) x \$40 = \$1440
- Photocopying (\$300)
- Refreshments (\$100)

#### ✦ *Annual training for parents* (\$550)

- Stipends based on 2-hour long session (20 x \$20 = \$400)
- Photocopying (\$100)
- Refreshments (\$50)

**Total request: \$2450**

## School-Age Disabilities Work Group

### Goals/objectives

1. Provide support for parents/families of school-age children with disabilities by offering two two-night sessions through local Community Education programs per semester. (Parents' night out, stress reduction, etc.)
2. Provide social skills opportunities for school-age children with disabilities and their siblings (Halloween, Winter Holiday, early summer, late summer)
3. Provide training for parents and professionals about disabilities (Funding Maze, organizing paperwork, assistive technology)
4. Collaborate with local organizations to provide training to people who work with school-age children with disabilities and to provide greater opportunities for school-age children with disabilities to interact with each other and with others in the community. ("Yes, You Can" campaign: button/bookmark)

### Budget

| CATEGORY   | AMOUNT OF LCTS FUNDS REQUESTED | OTHER SOURCES OF FUNDING | IN-KIND CONTRIBUTIONS                               | TOTAL BUDGET |
|--|--------------------------------|--------------------------|---|--------------|
| Family Support through Community Ed. (instructor/childcare/supplies) | \$700                          |                          | \$600 presenter/facilitator*, childcare providers** | \$1300       |
| Activities for Children (\$125 supplies + \$25 advertising x 4)      | \$600                          |                          |   | \$600        |
| Training for Parents & Professionals (see below)                     | \$950                          |                          | \$200 (panel: 4 presenters x \$50) \$100**          | \$1250       |
| "Yes, You Can" campaign  | \$500                          |                          |   | \$500        |
| Miscellaneous  |                                |                          |   | \$500        |
| o Transportation   | \$250                          |                          |   |              |
| o Graphic design   | \$50                           |                          |   |              |
| o Other (copying)  | \$200                          |                          |   |              |
| <b>total</b>   | \$3250                         |                          | \$900   | \$4150       |

\*\$50/session x 4 sessions

\*\*\$5/child x 20 children = \$100/evening session

#### *Funding Maze (fall)*

|                   |             |
|-------------------|-------------|
| Trainer (mileage) | \$75        |
| Room rental       | \$75        |
| Refreshments      | \$50        |
| Advertising       | <u>\$25</u> |
|                   | \$225       |

#### *Organizing paperwork*

|                       |       |
|-----------------------|-------|
| <i>(early spring)</i> |       |
| Supplies              | \$500 |
| (\$25/person x 20)    |       |

#### *Assistive Technology (November)*

|              |             |
|--------------|-------------|
| Instructors  | \$100       |
| Handouts     | \$50        |
| Refreshments | \$50        |
| Advertising  | <u>\$25</u> |
|              | \$225       |